



CENTRAL CAROLINA YOUTH ATHLETIC LEAGUE RULES & REGULATIONS

ARTICLE I

PURPOSE OF PROGRAM

1. To promote football on an organizational basis where team spirit and sportsmanship become each participant's prime objective.
2. To take consideration at all times the health, safety, and well-being of each individual participant on any team.
3. To draw youth from different communities and environments into a closer fellowship through participating, on their own level, in a multi-county sports program.
4. To provide recreational opportunities for all who duly register and wish to participate.

ARTICLE II

REGISTRATION DEADLINES

1. 2019 Season Fees: Deadline is August 19th, 2019.
2. First Practice may begin July 29, 2019.
3. First Game will begin **August 24, 2019**.
4. All rosters must be submitted by August 17th, 2019.
5. Any additions must be submitted on or before September 29th.

Notes of Importance:

1. Registration Fee – All organizations must pay 2019 Season fees payable to:
Central Carolina Youth Football League
PO Box 3555
Burlington, NC 27217
2. Cancellation Fee – If your team fails to show up for a game and does not notify the opposing team within 24 hours then your organization will be required to pay a **\$500** fee. Forfeit Penalty fee is payable to:
Central Carolina Youth Football League
PO Box 3555
Burlington, NC 27217
This does not include rainouts, however if a rainout occurs then you must notify the opposing team within two hours of game time if possible.
3. **Book Check Procedures** – An appointed representative will perform a book check for both teams 30 minutes before first game and at halftime for the next scheduled game. Coaches are not part of the Book Check procedure and should not be in the area during the official Book Check. Players will need the following to be eligible to play
 - a) Valid NC DMV ID or Military ID

- b) Current up to date physical (369 days)

ALL TEAMS SHOULD ARRIVE TO GAMES NO LATER THAN 1 HOUR BEFORE GAMETIME!

ARTICLE III

JURISDICTION OF RULES

1. In the event of a conflict, CCYAL Rules will take precedence over National Federation of State High School Associations Rules.
2. In the event certain rules not covered in the CCYAL Rules, the National Federation of State High School Associations Rules will be followed.
3. The CCYAL Board of Directors shall have authority to establish additional rules and/ or alter current rules to govern the CCYAL Program if it is beneficial to the program.

ARTICLE IV

SPORTSMANSHIP

1. This program aims to encourage good sportsmanship: therefore, all teams are asked to cooperate with coaches and officials in bringing about a fine relationship from the field to the bleachers and into home.
2. **Any player or coach who is put out of the game because of unsportsmanlike conduct will forfeit his right to participate in the remainder of said game and the next scheduled game and may be subject to further disciplinary action including suspension from league. On the second offense, said individual will forfeit his right to participate in any further games this current season.**
3. Un-sportsmanlike conduct is any act that, in the opinion of the officials, endangers the integrity of the game and the safety of any other participant(s) in the game.
4. There will be no profanity allowed on the field, bench or in the bleachers during the season: offenders will be subject to suspension from the parks and/ or field for the remainder of the season.
5. No alcoholic beverages or tobacco products will be allowed on the field. Furthermore, local school system rules and/or government ordinances regarding use of tobacco on school property should be followed. Any violators will be instructed to leave the area.
6. Persons ejected or asked to leave must leave the stadium area. Failure to do so in a timely fashion may result in forfeit and/or further suspension. Players ejected from a game may remain on bench, provided they remove their helmet and shoulder pads. Note: The stadium area includes parking facilities on the stadium/school/park grounds.
7. The CCYAL will be especially emphasizing good sportsmanship during this season and future seasons. Poor displays of sportsmanship or conduct by an organizations player, coach, volunteer, spectator, etc. may result in disciplinary action by the Board of Directors. A log of incidents will be kept and appropriate action taken when needed. Organizations who repeatedly display poor sportsmanship and conduct may forfeit games, may be expelled from the League.

ARTICLE V

TEAM COACHES

1. All team coaches shall be selected and approved by each local organization or department. However, the CCYAL reserves the right to not allow a coach. All organizations must provide background checks on potential coaches and other volunteers.
2. Coaches should provide a safe environment for the team.

3. The position of coach will be open to any responsible adult with sufficient interest and knowledge of the game. Each coach must show satisfactory character and sincerity of purpose to be a proper influence upon youth.
4. Any person that fails a background check shall not be permitted on the game field at any time.
5. 1st offense: violating organization will be fine \$500 this fine is payable before there next schedule game
6. 2nd offense: Probation remainder of the year
7. 3rd offense: Forfeiture of any games played up until the point of offense
8. 4th offense: Dismissal from CCYAL
9. The head coach must be at least 18 years of age.
10. A team shall have one [1] head coach and not more than six [6] assistant coaches.
11. All coaches shall obtain certification through the USA Football/Heads Up Program to be considered eligible to coach.
12. The CCYAL Board of Directors have the authority to enforce all the rules and will take any action necessary to correct coaches' behaviors within 48 hours of incident. The League Director will send out notice by the following Thursday.
13. No protest shall be considered during the course of a game.
 - a) The eligibility of a player may be protested but must be questioned **before the start of the game or as soon as the individual in question enters the game.**
 - b) Protests must be filed with the **Division Director** by a Chapter Representative within 48 working hours of the game in question along with a **\$100** fee.
 - c) All protests will be received by the League Board of Directors. Those ruled invalid by the Directors (i.e., judgment calls, incorrect procedure used in filing a protest, etc.) will not be considered. If protest is valid (proper reason and procedure used), the League Board of Directors will make the ruling. The **\$100** fee is returned only on a valid protest that is upheld.
14. Coaches shall reserve criticism for a private moment or in the presence of the team if others might benefit, but never in front of spectators.
15. Coaches should refrain from "**running-up**" the score against a weak opponent. This includes keeping the first-string defense in the entire game against a weak opponent.
16. Coaches shall refrain from using profanity.
17. Electronic Device use is limited to sideline and is prohibited from being used on field.
18. Each sponsoring organization shall be responsible for the control and conduct of their coaches.
19. Coaches should always strive to make every football activity serve as a training ground for life.
20. Coaches shall not criticize the opposing team, its players, coaches or fans, by word of mouth or gestures.
21. The head coach shall be directly responsible for actions involving him, his team's assistants, players and spectators.
22. Coaches should accept decisions of officials on the field as being fair and called to the best ability of the officials.
23. The coach must stay off the field and remain under control in order to set a good example for players and fans.
24. A decision based on judgment should never be questioned. In cases of apparent misinterpretation or violation, the officials should be addressed as **gentlemen**.
25. Coaches shall uphold the Rules and Regulations, the Philosophy of the program, and applicable requirements of the local authority.
26. Evidence of falsification of the date of birth of a player by a parent, guardian, player or coach will result in suspension of the person or persons involved for the remainder of the year.
27. Area Directors and team coaches shall be responsible for teaching sportsmanship, fair play, and football fundamentals.

28. In Inclement weather, a coach or organizer at the game site shall decide as soon as possible, prior to kickoff time, whether a scheduled game shall be postponed and call the visiting team if necessary.
29. Coaches and players shall be restricted to the team area during all games. The team area should be designated as between the 30yd. lines.
30. Any coach who takes his team off field during a game may forfeit his position as a coach in the League. Reasons for pulling players off of field must be justified and approved by the Board of Directors (i.e. safety).
31. Coaches shall try to play every player in every game.
32. Coaches are not allowed to smoke or chew tobacco at games; this will result in a 15-yard penalty for unsportsmanlike conduct. School system/ Local rules regarding use of tobacco on school grounds must be followed.
33. Coaches are not allowed to take off the helmet of, or move, an injured player if the player is suspected of having a head, neck or spinal injury.
34. In 6U two coaches & in 8U one coach from each team will be allowed in his/ her respective backfield during the game. Coaches on the field should be at least 10 yards behind their last player at start of cadence. Coaches must also make every effort to not interfere with plays (physically or verbally) once they are in progress.
 - a) **PENALTY**
 1. **Sideline Warning**
 2. **5-yard penalty**
 3. **15-yard -Unsportsmanlike Conduct**

ARTICLE VI GAMES

1. All games will be considered regulation games if in accordance with these playing rules.
2. Any incomplete game will be made up only if it has bearing on the playoffs and/ or with the approval of the Board of Directors.
3. The home organization shall coordinate with the visiting team to designate a time and date for makeup games. If a time cannot be agreed upon then the League Board of Directors may be called to assist. Director of Scheduling will be notified of makeup date.
4. Officials – A minimum of four officials (1 High School & 3 Certified) is required and shall be provided by the home team.
5. Games cancelled by officials at any time if, in their judgment, the conditions are unsuitable [Ex: Lighting]
6. **CCYAL recommends but does not require a uniformed officer to be present at home games during regular season. A uniformed officer is required at all playoff games.**
7. NC ID, Military ID, & Current physical for each player are required and, if requested, must be presented. Therefore, coaches must have a copy of required documents at each game. [No Required Documents, no play]. Failure to supply required documents for a minimum of 11 players by game time will result in a forfeit. Visiting organizations who forfeit due to failure to supply enough required documents may be subject to the forfeiture fine if stipulated by the Board of Directors. (Burden of proof is on organization if a player is questioned).
8. **Reimbursement of admission due to forfeiture of game will be handled by the Director of each organization.**
9. During all games, each player must be ready for Book Check at least 30 minutes before game time. For playoff games players should check in at least 1 hour before game time. **Players arriving late may be checked in at half time and play the second half.**
10. All players must wear full equipment at all times to be eligible to play.
11. Play clocks must be enforced in accordance with JV high school rules for 8U, 10U and 12U. Teams have 25-seconds to put the ball in play once the referee gives his/her signal. Play clock for 6U must be enforced

- in accordance with JV high school rules 6U teams have 35-seconds to put the ball in play once the referee gives his/her signal.
12. All area home fields must have a visible working scoreboard, visible working clock, at least one regulation goal post. Failure to provide these may result in the area not receiving home games in future seasons.
 13. During kicking and punting situations, players are ALLOWED to rush the kicker/punter. There is not a “no rush” rule in our league.
 14. If an 8U, 10U, 12U team elects to punt then standard high school rules apply. Under no circumstances may teams agree to automatically place the ball a specific number of yards from the line of scrimmage. **A 6U team may elect for a free punt. The Official will advance ball 20 yards**. No free punts will be awarded inside opponent’s 35-yard line.
 15. Only team currently playing should be on sideline.

ARTICLE VII

EQUIPMENT

1. Mouthpieces must be worn at all times during the game. A 10-yard penalty will be charged for each infraction of this rule.
2. Mouthpieces **must be attached to the facemask**; no player will be allowed to participate if their mouthpiece is free from their facemask.
3. Each player shall be equipped with a helmet with face guard, shoulder pads, football pants with built-in hip and kidney pads, or shell pants with respective separate pads, football shoes with molded-cleats or detachable cleats are allowed. **NO METAL CLEATS**
4. Each team will be equipped with numbered jerseys of a uniform color. Colors of team game jerseys shall be coordinated by the League to eliminate duplication. Each player shall wear a 6+” whole number between 1 and 99 inclusive. Number “0” and “00” are illegal and shall not be worn. In situations where color conflicts arise, the home team should provide scrimmage vests/jerseys for the visiting team to wear. **Due to the nature of the League, the high school rule specifying specific number ranges for, specific positions in NOT in effect in this League.** However, teams should do their best to try and adhere to the rule if possible in order to make the officials’ job easier.
5. Special protective equipment such as neck rolls, wrist pads, etc. should be utilized when circumstances warrant, or they are medically prescribed. Hard casts and other items which may cause injury in the referee’s opinion will not be allowed.
6. The home team will be required to furnish yard makers and the official game football. The home team is also responsible for assembling a chain crew. Chain crews should remain impartial and are strictly forbidden from coaching or excessive cheering. Chain crews cannot use electronic devices.
7. The game ball will be Wilson TDJ for 12 & under and 10 & under. The game ball shall be K2 for 8U & 6U tackle. Comparable leather or composite balls can be used if the size specifications are the same.
8. During a game in which a PA system is used, the number or name of any player committing a foul shall not be publicly addressed. Further, **PA announcers may not commentate or do “play by play” during the course of a play. PA announcers may also not coach a team on the field during a game.** Violation of this rule may result in forfeiture and/or suspension at the discretion of the Board of Directors.
9. The following items shall be worn by players in all divisions beginning with physical contact in practice sessions:
 - a) Helmet
 1. Only helmets bearing the NOCSAE Seal of Certification may be worn.

2. All helmets must bear the current NOCSAE approved “warning label” in a visible position on the outside of the helmet. This “warning label” is the same label that is furnished by all helmet manufacturers and quality re-conditioners.
 3. Regulations regarding chin straps are to be followed per National Federation or NCAA regulations, whichever is applicable.
- b) Shoulder Pads
 - c) Pants: One piece or shell
 - d) Thigh Guards
 - e) Hip Pads
 - f) Knee Pads
 - g) Jerseys
 - h) Mouth guard- Keeper strap required
 - i) Athletic Supporter (optional)
 - j) Shoes: sneakers, non-detachable, rubber cleated shoes, detachable or screw-in cleats are allowed. **No Metal cleats allowed**
 - k) Eyeglasses: When worn, shall be athletically approved construction with non-shattering glass [safety glass] or contact lens.

ARTICLE VIII

BLOCKING AND TACKLING RESTRICTIONS

1. The National Federation of State High School Athletic Associations rulebook contains extremely strong language on blocking and tackling.
2. It is responsibility of every area director and every coach to be fully informed of and abide by all such rules of the governing body [National Federation] under whose jurisdiction this league falls, and to review them every year.
3. ***In addition to other specific prohibitions in the National Federation and NCCA rulebooks, no butt blocking, chop blocking, face tackling or spearing techniques shall be permitted. Coaches found teaching these techniques are subject to suspension and /or banishment.***

ARTICLE IX

REGARDING INELIGIBLE PLAYERS

1. Teams found guilty of using an ineligible player at any time during the season forfeit all rights to become League Champion and shall be prohibited from participation in any playoff or championship game. Additionally, suspensions of the player, coach and/or organization may be applied by the Board of Directors.
2. There are 5 unequivocal definitions of an ineligible player, from which there are no appeals.
 - a) Over Age
 - b) Residing outside of legal boundaries without agreement of league*
 - c) Not being on official roster turned into league
 - d) Not going through book check procedure before playing in next game
 - e) Falsification of data concerning any of the above
3. Forfeiture of all games in which the ineligible player was listed on the roster as a member of the team shall be the penalty applied to the team in violation. There shall be no exceptions.

- **While no specified “legal boundaries” exist, actively recruiting players outside of your organizations local area which adversely affects another program may result in disciplinary action by the Board of Directors up to and included an organizations removal from the League.**

Players requesting to change organizations will first need to be released by the organization who they participated with in the previous season. This may be accomplished by a waiver signed by the area director of the previous organization.

Organizations should consider hardship situations when requests to change organizations exist. These situations should take priority when reviewing a potential release.

A hand written, or email waiver is required.

If waiver is denied, it can be appealed to the board.

ARTICLE X

SCORING

1. Scoring- 6 points for touchdown, 2 points for kicked extra point, 1 point for pass/run extra-point. Exception: Teams receive 2 points for a successful pass PAT into the end zone. However, a catch and then run into the end zone is still 1 point.
2. 3 timeouts per half [one player may go to sidelines or 1 coach may go to the huddle].
3. Scoring Value:
 - a) Touchdown 6 points
 - b) Kicked PAT 2 points
 - c) Run/Pass PAT 1 point –see above #1 for clarification
 - d) Pass PAT 2 points – see above # 1 for clarification
 - e) Safety 2 points
 - f) Field Goal 3 points
 - g) Forfeit (Offending Team loses 0-1)

MERCY RULE-

- I. **There will be a running clock if a team is winning by 34 points or more. Once the deficit is below 24 points the clock will go back to a regulation clock.**

While the Mercy Rule is in effect, the clock shall run and stop only for the following:

1. **Time outs**
2. **Injuries**
3. **End of Quarters**
4. **Immediately after a score which takes the scoring margin back below 24 points**

OVERTIME

Overtime will be handled in accordance with the National Federation of State High School Associations’ 10yard Line Overtime Procedure

After the 3rd overtime:

- **Sudden Death**
- **Ball will be placed on the 25-yard line**

- **First possession will be determined by coin flip**

ARTICLE XI

TIMING REGULATIONS

The length of the game 6U, 8U, 10U & 12U will be 10-minute quarters with a JV REGULATION CLOCK and a 10-minute half time.

ARTICLE XII

LEAGUE ROSTERS

For determining the Participants Age, the term “On or Before” and the term “As Of” is intended to have the same definition (Age Cut Off Date): An age cutoff date of (on or before/as of 7/31) July 31st of the current season is as follows: 10-year-old on July 31st, turns 11 years old on August 1st, the participant is registered as a 10-year-old. If the participant has a birthday on July 31st in which they turn 11 they would be considered 11 for registration and/or division placement purposes.

ARTICLE XIII

ADMISSION TO GAMES – Organizations will charge the following amounts:

1. ADULTS & CHILDREN 6 YRS AND UP \$5.00
2. CHILDREN 5-UNDER FREE

Note: Fees listed in #1 will be increased \$1.00 for playoff games.

ARTICLE XIV

PRACTICE SESSIONS

1. Practice Sessions in all divisions shall not begin prior to July 31, 2017
2. Practice Sessions shall be conducted under the following requirements:
 - a) Each player must complete five [5] hours of physical conditioning w/helmet. NO PADS, before they are allowed to participate in physical contact.
 - b) Each player must also complete five [5] hours of physical conditioning w/ shoulder pads and helmet for a total of 10 hours of conditioning before they are allowed to participate in physical contact. c) Practice Session
 1. Tackle – 2 ½ hrs., with a 15-minute rest period: 4 days a week while school is not in session and 3 days a week once school is in session.
 2. Practice sessions shall not exceed the weekly and evening termination limits as specified. All sessions shall end no later than 9:30 pm.
 3. Teams will not be permitted to split sessions [i.e. offensive and defensive practices]. To permit split sessions would render enforcement of the rules nearly impossible.

4. In the event of threatening thunderstorms during any practice, the coach should immediately stop practice and see that all players are secure inside a building, if available, or an automobile, never under trees or open shelters.
 5. A coach or responsible adult must stay until all players have been picked up by a parent or legal guardian.
 6. Players shall wear protective equipment at all sessions involving physical contact.
 7. For practice restrictions, a week is considered Monday – Sunday.
3. Please note that summer camps, clinics, preseason meetings, etc. held before July 31st 2017 may NOT count toward the required conditioning hours.
 4. The CCYAL expressly prohibits organizations from using drills which may be unsafe for participants. No full speed head-on blocking or tackling drills in which the players line up more than 3 yards apart are permitted. (Having two linemen in stances immediately across the line of scrimmage from each other and having full-speed drills where the players approach each other at an angle, but not straight ahead into each other at an angle, but not straight ahead into each other are permitted.) **Intentional head-to-head contact is not permitted!**
 5. The amount of player-to-player contact at each practice will be limited to a maximum of 1/3 of practice time. Contact includes full speed drills and scrimmaging.

NOTE: The Board of Directors may make periodic checks of practices to enforce the practice day/time restrictions. Organizations in violation of the maximum daily practice time and weekly practice limits may be suspended from further participation in the League by the Board of Directors.

ARTICLE XV

PARENTAL INFORMATION

1. Parents are encouraged to show sportsmanship at all times.
2. The League is striving to promote fellowship, team spirit, and a clean recreational environment to play in.
3. If parents are unruly, abusive to coaches, officials, players or recreational staff, they will be forced to leave the park or field. The League will not tolerate such behavior in front of the kids.
4. Alcoholic beverages or drugs will not be allowed on park or field premises.
5. Parents are also encouraged to ensure that smaller kids not playing organized ball do not engage in games in the spectator area. Please don't allow kids to bring balls to the park. This is dangerous. Please be attentive to your children at all times.
6. Dogs and cats are not allowed at the stadium.
7. Bicycles are not allowed on playing surfaces. Please help us enforce these rules for the safety of all.
8. CCYAL does not carry insurance on individuals participating in sports.
9. Parents are NOT allowed on playing field! Parents are also not allowed on the track if one exists around the field.
10. Participants and spectators must also respect other organizations rules and procedures when traveling to other sites.

ARTICLE XVI

INSURANCE INFORMATION

All organizations must provide the CCYAL with a copy of their insurance which proves that the organization Secretary/Treasurer. Up-to-date forms should be submitted each season.

ARTICLE XVII

FIELD REQUIREMENTS

All organizations must participate on a field which has a regulation goal post and a working scoreboard with a working clock that is visible to officials, teams and spectators.

ARTICLE XVIII

PRE-SEASON JAMBOREES

The CCYAL sponsors a pre-season jamboree. Areas that are designated to host a jamboree must adhere to the CCYAL rules. It is also required that certified high school officials (a minimum of 1 per game) be used just as if these were regular games. All CCYAL organizations are required to attend preseason jamboree.

Any organization that does not attend their designated jamboree location you will be required to pay a \$100 penalty per team and will forfeit there next CCYAL rotation events.

The forfeited event will go to the team in the designated BYE in the CCYAL event rotation

ARTICLE XIV

TIE-BREAKING PROCEDURES

Two-team Tie:

1. Head-to-head competition between the two tied teams
2. Records of the tied teams within the division (if non-division games have been played).
3. Head-to-head competition vs. the team within the division with best overall record. If this cannot break the tie, then head-to-head competition vs. the next best team(s) will be used until tie is broken.
4. Overall record vs. all common opponents.
5. Record vs. common non-divisional teams based on their order of finish (within their division) and proceeding through other common non-divisional teams based on their order of finish (within their division).
6. Random draw or coin flip. (All involved areas will be invited to witness flip/draw.)

Three (or more) Team Tie:

1. Combined head-to-head record among the tied teams.
2. Records of the tied teams within the division (if non-division games have been played).
3. Head-to-head competition vs. the team within the division with the best overall record. If this cannot break the tie, then head-to-head competition vs. the next best team(s) will be used until the tie is broken. Multiple ties within the division will be broken first to last.
4. Overall record vs. all common opponents.
5. Record vs. common non-divisional teams based on their order of finish (within their division) and proceeding through other common non-divisional teams based on their order of finish (within their division).
6. Random draw. (All involved areas will be invited to witness draw.)

ARTICLE XV

SCOUTING

Scouting opponents is legal (paper, pencil, eyes, & no electronics) anywhere within the league without notification or approval. Persons scouting teams at fields they are not playing must pay gate fees like any other spectator.

If using video to scout opponent, you must identify yourself to Home Field Director via email/ or at gate. Director will set a designated area to film. Person's videoing must pay gate fees like any other spectator.

If caught violating rule your organization will not be allowed to film that season.

Second violation is a \$500 fine payable to Central Carolina Youth Football.

ARTICLE XVI

RULE APPLICATION

These rules, as outlined by the CCYAL, are to be utilized during all League-related games, practices, etc. UNDER NO CIRCUMSTANCES may directors or coaches make an agreement to waive or alter certain rules, especially those which may jeopardize the safety of participants, increase potential liability for an organization or take away from the integrity of the game.

ARTICLE XVII

Background Screening

Mandatory background screening of all coaches, assistant coaches, and directors is required to participate in the CCYAL on an annual basis. Background screens shall remain valid throughout each season (ie. renewals shall occur before each season and shall not expire during the season). Each organization shall be required to submit background screens in accordance with National Council of Youth Sports (NCYS) Recommended Guidelines: The Gold Standard of Best Practices for Background Screening and Managing Risk In Non-Profit Youth-Serving Organizations (www.ncys.org) before the subject person is allowed to participate in program activities, practices, and/or games as coach or director. All returning coaches shall complete annual screen renewal by July 1st of each season and submit to the league for approval.

The NCYS Screening Criteria is repeated (for simplicity) below:

The original source of the following criteria is that which is used in the PROTECT Act by the FBI and the National Center for Missing and Exploited Children. The criteria have been adapted to meet the needs of nonprofit youth serving organizations.

Reportable convictions for, disclosures of convictions for, and pending dispositions for any of the following criminal offenses, or registrations will prompt a determination that an applicant does not meet the criteria (or should be reviewed) for participation to serve a youth-serving organization:

- 1. Any felony (any crime punishable by confinement greater than one year)*

a. *Defined on the basis of exposure for the offense for which the defendant was convicted, pled guilty, pled nolo contendere or which is pending a disposition. If pled down, then the crime for which the defendant ultimately was convicted.*

b. *Defined as all crimes punishable by greater than one year in jail or prison, regardless of how characterized by jurisdiction. If range, alternate sentencing, or indeterminate sentencing, outer range greater than one year.*

2. *Any lesser crime involving force or threat of force against a person.*

3. *Any lesser crime of a sexual nature or classified as a sex offense including but not limited to “victimless” crimes of a sexual nature such as prostitution, pornography, indecent exposure; and crimes in which sexual relations is an element.*

4. *Any lesser crime involving controlled substances (not paraphernalia or alcohol).*

5. *Any lesser crime involving cruelty to animals.*

6. *Any sex offender registrant.*

7. *Any lesser crime involving harm to a minor.*

The CCYAL has created an account that serves this requirement with Protect Youth Sports (www.protectyouthsports.com).

This account may be accessed as follows:

Simply go to <https://opportunities.averity.com/CentralCarolina> and complete the form.

The cost of the background screen is \$10 and shall be paid by the applicant.

It is important when entering your name, that you use your full legal name as written on your current ID (state driver’s license, passport or state ID with name and DOB). Please also verify that your social security number was typed correctly. *Using nicknames or failing to type a correct social security number may delay or invalidate your background check.*

In the event, the league notifies the applicant that a negative background screen has been received. The applicant may simply accept rejection from participation with the league or an appeal may be requested to the Chair of the League Safety Committee by email to :

CCYFL 2013@gmail.com

Appeals will be heard by the league safety committee with respect to the NCYS guidelines for a minimum history review of ten (10) years.

A violation of this requirement shall be considered WILLFUL under the league enforcement rules.

ARTICLE XVIII

Middle School Ruling

Any player that is participating in middle school football can also play in the CCYAL (if eligible). Middle school players cannot participate in dual contact on the same calendar day.

